

## CLUB SERVICE

### 4-Way Test—

7/30 Bob Byrne  
8/6 TBA  
8/13 Bob Byrne  
8/20 Scott Neely  
8/27 Bob Byrne

**July Greeters** - Karen Poteat & Forest Mahan

### **August Greeters-**

Lisa Van Pelt-Diller and Noble Diller  
David Jameson

## GUESTS

Julie Munic	APS
Louis Peak	CMI, guest speaker
Heather Raynack	guest speaker
Alicia Fitts	Mary Allen
Nicole Morgan	Aiken Regional
Stewart Bedenbaugh	
Jeff Spears	Joe Lewis

The Rotary year began July 1 and committees are being assigned. Please let incoming President Will Williams know on which committee(s) you'd like to serve.

**Weekly Witticism**  
By working faithfully eight hours a day, you may eventually get to be boss and work twelve hours a day.

Robert Frost

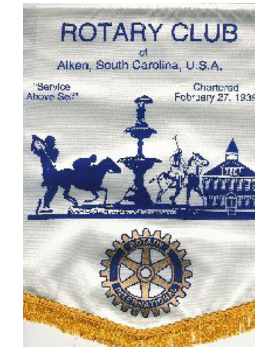


**Rotary Club of Aiken**  
PO Box 685  
Aiken, SC 29802  
(803) 508-4744  
Monday, 12:30 PM  
Newberry Hall  
117 Newberry Street, SW  
[www.aikenrotary.com](http://www.aikenrotary.com)  
**R.I. President**  
Barry Rassin  
**District Governor**  
Carol Burdette  
**Club President**  
Will Williams  
**President Elect**  
John Lindsay  
**Vice President**  
Ellen Priest  
**Past President**  
John McMichael  
**Secretary/Treasurer**  
Rachel L. d'Entremont  
**Sergeant-at-Arms**  
Richard Holley

**Board of Directors**  
Rick McLeod (RY 18-19)  
Jennifer Hart (RY 18-19)  
Chrissa Matthews (RY 19-20)  
Jeff Baumgardner (RY 19-20)  
Mallory Holley (RY 19-20)  
Al Sorensen (RY 20-21)  
Karen Poteat (RY 20-21)  
John Dangler (RY 20-21)

**Sergeants-at-Arms**  
Chair: Richard Holley  
Robert Stack  
Rachel d'Entremont  
Richard Herring  
Jeff Baumgardner  
Josh Booth

# THE GEAR JULY 23, 2018



**Rotary**  
Club of Aiken



Chartered February 27, 1939

Club 6187—District 7750

Volume 52, Number 4

Editor: Tara Reeder - [tara@howellprinting.net](mailto:tara@howellprinting.net)

PROGRAM LAST WEEK by Mallory Holley



On Monday, July 16th, Dr. Louis Peak and Heather Raynack spoke with the club about joint replacement surgeries and Aiken Regional's inpatient rehabilitation facility. Dr. Peak, a local orthopedic surgeon, shared with the club about the options for joint replacements for the new generation of patients. There are currently 1 million knee replacements and 400,000 hip replacements performed every year and medical professionals are expecting exponential growth. The growth is a result of younger people choosing surgery (45 to 64 year olds) to maintain their active lifestyles and because there is more information about surgery options. Dr. Peak said conservative treatments still exist and are a first step, but arthritis is progressive and the conservative treatments may not be enough as time goes on. As far as hip replacements, technological

improvements have helped address the fit and stability of new hips. The new implants come in a variety of different sizes and materials. Knee replacement and resurfacing technology has also improved. Dr. Peak prefers a Stryker's single-radius design that includes improved bearing technology and allows for increase flexion of the knee. Resurfacing is also an option for candidates that have pain isolated to one part of the knee. Some other new products have also made the recovery easier- Aquacel dressings, Aquamantys System and Bipolar Sealers, Computer Assisted surgery and MAKO plasty solutions. Rehab is a big part of recovery from hip and knee replacement and Heather Raynack shared with us the Rehab Services available through Aiken Regional Medical Centers. In November of 2017, a new inpatient rehab center opened and includes 14 beds within the hospital. Patient therapy plans are developed and patients traditionally spend about 3 hours in therapy a day. Typically, the patients admitted for inpatient services have suffered a stroke, trauma, neurological complication or spinal cord injury. For outpatient services, patients are sent to the Hitchcock Healthcare facility at the Village at Woodside and any pediatric patients seeking OT, PT or Speech therapy are seen at the Hitchcock Building on the campus of Aiken Regional Medical Centers.

## *Margarita Make-Ups*

*The Willcox*

*5:15 pm - 6:15pm*

*Last Wednesday of each month*

*2018-2019*

*7/25, 8/29, 9/26, 10/24, 11/28,  
12/19, 1/30, 2/27, 3/27, 4/24,  
5/29, 6/26*

*Remember to turn-in your Make-up  
to the Sergeant-at-Arms You don't need a make-up!!  
Just come spend time with fellow Rotarians*

## PROGRAM TODAY

Chuck Munns will give an update  
on our National Security

## FUTURE PROGRAMS

July 30 Ryan Bland, City Planning

### **August**

#### **Membership and New Club Development Month**

August 6 Lisa Fallaw/ Melanie Starks

Rotary Readers

Aug. 13 Jessica Campbell

City Parks/Rec

Aug. 20 Jim Newsome

SC Port Authority

Aug. 27 Todd Glover

City of NA

## BIRTHDAYS

Dan Zaloudek 24 July

John Oakland 26 July

Charlie Hartz 27 July

David Jameson 28 July

Forest Mahan 28 July

## CLUB ANNIVERSARIES

## MEMBER SPOTLIGHT



**TOM W COFER**

Classification:

Physician-Surgeon-Retired

Date of Induction: 08/01/1976



**BRIAN C. COULTER**

Classification:

Religion-Protestantism

Date of Induction: 06/16/2014



**Save the Date**  
**October 6, 2018**



## AVENUES OF SERVICE

**Club Service** focuses on strengthening fellowship and ensuring the effective functioning of the club.

**Vocational Service** encourages Rotarians to serve others through their vocations and to practice high ethical standards

**Community Service** covers the projects and activities the club undertakes to improve life in its community.

**International Service** encompasses actions taken to expand Rotary's humanitarian reach around the globe and to promote world understanding and peace.

**Youth Service** recognizes the positive change implemented by youth and young adults through leadership development activities as RYLA, Rotaract and Interact, service projects, and creating international understanding with Rotary Youth Exchange.

## MARK YOUR CALENDAR

**The next date for  
Rotary trash pickup is  
Saturday - Augusta 11.  
at 9:00 am**

**AIKEN COUNTY  
GOVERNMENT CENTER  
1930 University Parkway**

